



Friday, March 8th

9:00-9:45	Check-in
9:55 -11:05	<p>Welcome and Keynote Speaker: Miriam Beloglovsky Just Play! Rekindling Adult Creativity San Rafael Ballroom</p>
11.15-12.55	<p>Session 1* Exploring the Power of Unscripted Materials Miriam Beloglovsky/ Santa Rosa</p>
11:15-12:00	<p>Sensory Processing & Behavior Jamie Close/ Petaluma</p> <p>Empowering Educators and Parents: Taking Care Of You So You Can Better Take Care of Others Jenna Hermans/Ross</p> <p>Hands on Healing with East Asian Medicine & Ayurveda Kate Lumsden/ Tiburon</p> <p>Supporting Gender Expansive / Transgender Youth in Early Childhood Settings Janna Barkin/Novato-Larkspur</p>
12:10-12:55	<p>Movement and Learning: How Early Motor Skills Influence Learning Jamie Close/Petaluma</p> <p>Empowering Educators and Parents: Taking Care Of You So You Can Better Take Care of Others Jenna Hermans/Ross</p> <p>Hands on Healing with East Asian Medicine & Ayurveda Kate Lumsden/ Tiburon</p> <p>Discussion Group for Parents, Caregivers, Family, and Friends of Transgender, Non-binary, or Gender Questioning Children Janna Barkin/Novato-Larkspur</p>
1:05-2:05	<p>Buffet Lunch San Rafael Ballroom</p>
2:15-3:55	<p>Session 2* Re-orienting the Difficult Moments as Opportunities for Connection and Growth Taylor Ross/Novato-Larkspur Invitation To Play! Play! Play! Taira Restar/Santa Rosa</p>
2:15-3:00	<p>High Support Needs in the Classroom - Q&A Sara O'Neill, Alison Tucker & Donnie Weaver/Petaluma</p> <p>Learning Through Music, Dance & Yoga Jamaica Stevens/Ross</p> <p>Embracing Playfulness: Cultivating a Growth Mindset in Work and Life Diana Tauder/Tiburon</p>
3:10-3:55	<p>Perimenopause 101 Jessica Long/Petaluma</p> <p>Learning Through Music, Dance & Yoga Jamaica Stevens/Ross</p>
3:55-4:05	<p>Conclusion and Progressive Dinner Info Rebecca/ San Rafael Ballroom</p>

Saturday, March 9th

8:15-9:00	Check-in
9:00-10:15	<p>Welcome and Keynote speaker: Dr. Julie Nicholson The Powerful Role of Play to Promote Young Children's Optimal Learning, Development and Well-Being San Rafael Ballroom</p>
10:25-12:05	<p>Session 1* Using Play to Alleviate Challenging Behaviors Michele Tyler/Santa Rosa</p> <p>My Body and Others: Sexual Education for Parents and Teachers of Young Kids Oshik Moaz-Metzel/Petaluma</p>
10:25-11:10	<p>Supporting Young Children to Reduce Stress, Build Resilience and Heal from Trauma through Play Julie Nicholson /Novato-Larkspur</p> <p>A Play Filled Approach to Early Literacy Michelle Semrad Barrera/ Ross</p> <p>Introduction to the Be Body Positive Model for Educators and Parents Jessica Diaz France/Tiburon</p>
11:20-12:05	<p>Educaring® as a Foundation for Play and Lifelong Learning Jennifer Curtis/Novato</p> <p>Risky Play: What are the Limits? Jessica Miller, Kavitha Vishwanathan, Stacy Gohman/Larkspur</p> <p>The Biology of Play: Tools for Regulating your Nervous System to Optimize Play Merrill Page/Ross</p> <p>Pelvic Health in Postpartum Women : Common, Not Normal Marci Silverberg & Caitlin Mondt/Tiburon</p>
12:15-1:45	<p>Awards Luncheon and Buffet San Rafael Ballroom</p>
1:55-3:35	<p>Session 2* Beyond Basic STEAM: Strategies to Grow Young Scientists by Integrating Science, Technology, Engineering and Math into Regular Preschool Curriculum Barbara Crowley/Novato</p> <p>Positive Discipline for Preschoolers Aki Raymer/Larkspur</p>
1:55-2:40	<p>Play with Discipline-Discipline with Play: Speak the Language of Children & Children will Follow Yours Wendolyn Bird/Petaluma</p> <p>Emergent Curriculum Jocelyn Robertson & Ana Chaidez/Ross</p> <p>Motivation Matters: Empowering Preschoolers and Their Parents Oshik Maoz-Metzl/Tiburon</p> <p>Filling Your Schools and Making a Difference Diana Tauder/Santa Rosa</p>
2:50-3:35	<p>Capoeira for Preschoolers Lisa Willoughby & Diego Freitas / Petaluma</p> <p>Educaring® as a Foundation for Play and Lifelong Learning Jennifer Curtis/Corte Madera</p> <p>Autism Demystification Alison Tucker & Donnie Weaver/Ross</p> <p>Pelvic Health in Postpartum Women : Common, Not Normal Marci Silverberg/Tiburon</p> <p>The Benefits of Five Years of Play Rebecca Nowlen/Santa Rosa</p>
3:45-4:30	<p>Session 3 The Magic of Process Art Cait Goss/Novato</p> <p>Learn How to Tap the Pain Away So We Can Play: EFT Tapping Therapy for Children, Parents and Teachers Laurel Shear/Larkspur</p> <p>Active Play on a Budget: Risky Play and Basic Gymnastics Stephan Goyne/Petaluma</p> <p>Pelvic Health in Postpartum Women : Common, Not Normal Marci Silverberg & Caitlin Mondt/Ross</p> <p>Harmony in Early Learning: A Purposeful Playshop for Parents and Educators Justine Chadly/Tiburon</p> <p>Embracing Playfulness: Cultivating a Growth Mindset in Work and Life Diana Tauder/Santa Rosa</p>
4:40-5:00	<p>Closing Statements: Rebecca/ San Rafael Ballroom</p>

*Sessions: choose 1 -90 min or 2 - 45 mins



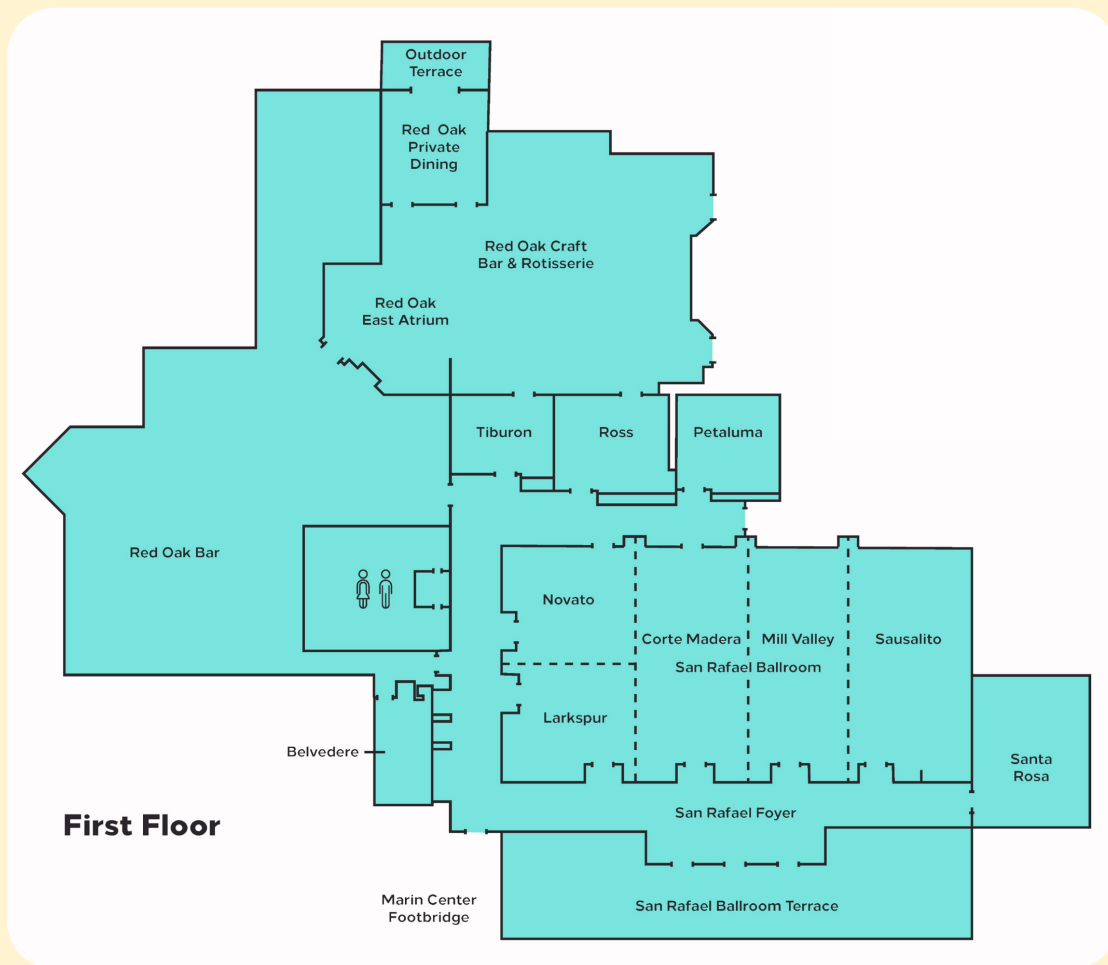
Play Is Enough



Miriam Beloglovsky
Friday's Keynote Speaker



Dr. Julie Nicholson
Saturday's Keynote Speaker



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